

Coordinator's Report

Jackson County Substance Abuse Prevention Coalition

September 2009

DATA FOR DUMMIES

The following statistics are from the Michigan Department of Community Health's *Tobacco Facts Sheet*.

Comparing Jackson County's 2005 and 2007 data, Jackson has a *lower rate* in the following areas:

- Adult smoking rate
- Women who smoked while pregnant
- Deaths that are directly caused by smoking

Jackson County's rates have *increased* in the following areas:

- Deaths to non-smokers due to second-hand smoke exposure
- Enrollees to Michigan Tobacco Cessation Quit Line



RESOURCES AND NEWS

New Formula for Meth: "Shake and Bake"

This is the new formula for methamphetamine: a two-liter soda bottle, a few handfuls of cold pills and some noxious chemicals. Shake the bottle and the volatile reaction produces one of the world's most addictive and dangerous drugs. Drug users are making their own meth in small batches using a faster, cheaper and much simpler method with ingredients that can be carried in a knapsack and mixed on the run. The "shake-and-bake" approach has become popular because it requires a relatively small number of pills — the decongestant pseudoephedrine — an amount easily obtained under even the toughest anti-meth laws adopted across the nation to restrict large purchases of some cold medications.

The new method is rapidly spreading across the nation's midsection and is contributing to a spike in the number of meth cases after years of declining arrests. The pills are crushed, combined with some common household chemicals and then shaken in the soda bottle. No flame is required. Using the new formula, batches of meth are much smaller but just as dangerous as the old system, which sometimes produces powerful explosions, touches off intense fires and releases drug ingredients that must be handled as toxic waste. When fire broke out in older labs, "it was usually on a stove in a back room or garage and people would just run, but when these things pop, you see more extreme burns because they are holding it. There are more fires and more burns because of the close proximity, whether it's on a couch or driving down the road."



COALITION ACTIVITIES

- Most Teens Don't campaign
- ATOD-Free Brochure produced and circulated
- School toolkit finalized

UPCOMING COALITION ACTIVITIES

Sep 14-15.....Substance Abuse Conference, Detroit
Sep 23.....CSPPC, Mid-South 5-Year Strategic Plan, Lansing
Sep 24.....ATOD Committee, 11:00-12:15, UW
Oct 12.....Strategic Planning, 12:00-1:30, UW
Oct 14.....JCSAPC 1:00-2:30, UW
Fun Fact Finders Committee, 2:45- 4:00, UW